



16th ANNUAL DONNY FUN DAY

Sunday June 13, 2010

8:00 a.m. – Noon

(Start the non-competitive events at *any* time within this frame)

2.5 MILE BAY COURSE TO **ROW**,
PADDLE, KAYAK, OR **SWIM** ACROSS LAKES BAY

5K **WALK** OR **RUN** ALONG LAKES BAY
TO BENEFIT KIDS WITH CANCER

Visit: www.johnsykescompany.com/giving.html for more info

An open challenge for rowers, swimmers, paddle boarders, walkers, and runners of all ages, types, and shapes to test their ability against 'Father Time.' For rowers and swimmers, the course will begin at and return to the Yacht Club in Pleasantville. Kayaks, sculls, lifeguard boats, paddleboards, rafts, or any seaworthy vessels are eligible to negotiate the Lakes Bay course of 2.5 miles en route to a brunch at the Y.C.P. The course for walkers and runners will be a round trip scenic course beginning at the Yacht Club, along the shores of Lakes Bay, to the old Sand Castle Restaurant. The entry fee will entitle each participant to brunch, as well as a t-shirt or tank. Long-sleeve shirts, sweatshirts, etc. will also be sold at the Y.C.P.

"Bert's Breakfast" for non-participants will be \$6.00

All proceeds will benefit
KIDS WITH CANCER through the
"DONNY FUND" of the John and Nancy Sykes (JNS) Foundation

For more information or to mail this pre-registration, contact:
John Glassey (609) 641-8666
1000 Bay Drive, Pleasantville NJ 08232

Entry Form

Name: _____
Address: _____
City: _____
Telephone: _____
Emergency Contact Person: _____
Phone Number: _____

Payment (Cash or Check Only)

_____ \$25.00 Rowers, Swimmers, Kayakers, and Paddle Boarders
_____ \$15.00 Students

_____ \$15.00 Runners and Walkers
_____ \$10.00 Students

Waiver/Release

In consideration of, and as a strict condition of my participation in this event, I, the undersigned, for myself, heirs, personal representatives and assigns, intending to be legally bound, do hereby waive and release all rights, claims, demands and/or causes of action against the Donny Fund, the JNS Foundation, any their respective officers, Board Members, agents, and employees and all organizers, sponsors, and operators of this event, jointly and separately of their successors, for any personal injuries which I might incur, now or in the future, arising from or out of my participation in this event, and my travel to and from this event. The City of Pleasantville, Egg Harbor Township, and the Yacht Club of Pleasantville are additionally insured. I verify that I physically fit and have trained sufficiently prior to this event. I grant permission to use any photographs of me for any or all purposes.

Signature of Participant: _____

Parent Signature (if participant is under 18): _____